



*Cafe Bistro*

## **TAPAS & SMALL PLATES**

**£2.95 EACH/ 2 FOR £5**

### **BREAD & BALSAMIC (VE)**

Homemade Breads, Extra Virgin Olive Oil & Balsamic Vinegar

### **MARINATED OLIVES(VE)(GF)**

Green, Black, Nocellara & Kalamata Olives in a Garlic & Oregano Marinade

**£6 EACH/ 4 FOR £22**

### **ARANCINI (VE)(GF)**

Red Beetroot Risotto Balls with "Cheese" Sauce & Beetroot Crisps

### **BLACK PUDDING**

### **CROQUETTES (VE\*)(GF\*)**

Crispy Black Pudding & Tomato Chutney

### **MUSHROOM BAKE (VE\*)(GF\*)**

With Tomato, Potato, Onion & Feta

### **PULLED PORK PATACONES (GF)**

Fried Plantain topped with BBQ Pulled Pork & cocktail sauce

### **FAJITA PARCELS (VE)**

Puff pastry filled with spicy Peppers & Red Onions, with garlic mayo

### **FANCY SCAMPI**

Coconut coated King Prawns with a Curried Mayo dip

### **CHEESY FONDUE (V)(VE\*)**

Three Cheese Sauce inside a Crusty Roll with Croutons for dipping

### **CREAMY CRAB BAKE (GF\*)**

with Potato & Dill

***If you have any allergies or dietary requirement, please speak to a member of staff about our menu***



roots.and.seeds



Roots and Seeds Catering



Roots and Seeds Café

(GF) Gluten Free (GF\*) Gluten Free option available  
(VE) Vegan (VE\*) Vegan option available (V) Vegetarian



*Cafe Bistro*

## **MAIN COURSES**

### **STEAK FRITES (GF) £19.95**

10oz Flat Iron Steak served with garlic butter, slow-cooked Confit Tomato, Roasted Mushroom, Salad & Handcut Skin-on Fries  
*Add peppercorn sauce for 80p*

### **BACALAO (GF) £14.95**

Portuguese Creamy Cod Pie with Onions, Mashed Potato & Olives, served with a side salad

### **PORK BELLY (GF) £14.95**

Crispy Pork Belly with Mashed Potato, Celeriac Puree, Seasonal Vegetables & Gravy

### **MUSHROOM & SWEET POTATO PITHIVIER (VE) £11.95**

Served with Mashed Potato, Seasonal Vegetables & Gravy

### **BISTRO BURGERS (GF\*) £11.90**

All made in-house & served in a Toasted Bun with Mayonnaise, Lettuce, Tomato & Gherkins, with a side of Chunky Chips & Onion Rings

- Scottish Beef & Cheddar Cheese
- Grilled Halloumi & Red Pepper (V)
- Pan-fried Chicken & Streaky Bacon
- Beetroot Chickpea Falafel (VE)

### **SIDES ALL £1.80**

**ONION RINGS (VE)(GF\*)**

**CHUNKY CHIPS (VE)(GF)**

**MIXED SALAD (VE)(GF)**

**SKIN-ON FRIES (VE)(GF)**

*If you have any allergies or dietary requirement, please speak to a member of staff about our menu*



roots.and.seeds



Roots and Seeds Catering



Roots and Seeds Café

(GF) Gluten Free (GF\*) Gluten Free option available  
(VE) Vegan (VE\*) Vegan option available (V) Vegetarian



*Cafe Bistro*

## **DESSERTS**

***£5.95 EACH***

### **STICKY TOFFEE PUDDING**

with Butterscotch Sauce & homemade Ice Cream

### **APPLE CRUMBLE (VE\*)(GF)**

with Cinnamon Ice Cream

### **HOT CHOCOLATE ORANGE FONDANT**

with Rum & Orange Chantilly

A selection of local Teas & Coffees are also available – see our drinks menu for details

***If you have any allergies or dietary requirement, please speak to a member of staff about our menu***



roots.and.seeds



Roots and Seeds Catering



Roots and Seeds Café

(GF) Gluten Free (GF\*) Gluten Free option available  
(VE) Vegan (VE\*) Vegan option available (V) Vegetarian





*Cafe Bistro*  
**DRINKS**

**BRING YOUR OWN BOTTLE** *Corkage £1 per head*

### SOFT DRINKS

Still or Sparkling water £1.10

Orange or Apple Juice £1.50

Lipton Iced Tea £1.80  
*(Peach or Lemon)*

San Pellegrino £1.50

*(Limonata or Aranaciata)*

Coca Cola £1.50

Other Cans £1.25

*(Irn Bru, Sugar Free Irn Bru,  
Ginger Beer, Diet Coke)*

### TEAS FROM THE WEE TEA COMPANY, DUNFERMLINE

Pot for One £1.90// Pot for Two £2.90

Breakfast Blend

Decaf Breakfast Blend

Earl Grey

Mighty Chai

Gunpowder Green

Rhubarb Rooibos

Wild Berry

Lemon & Ginger

Chammomile

Peppermint

### COFFEES FROM ECOBEAN COFFEE ROASTERS, KIRKCALDY

Espresso £1.60

Double Espresso £1.80

Bon-Bon £2.40

*Espresso & Condensed Milk*

Flat White £2.40

Latte £2.60

Cappuccino £2.60

### OTHER HOT DRINKS

Hot Chocolate £2.70

Mocha £2.90

Chai Latte £2.90

Sweet Revolution Lattes £2.90

*Beetroot & Ginger*

*Turmeric & Black Pepper*

*Matcha & Vanilla*

***If you have any allergies or dietary requirement, please speak  
to a member of staff about our menu***



roots.and.seeds

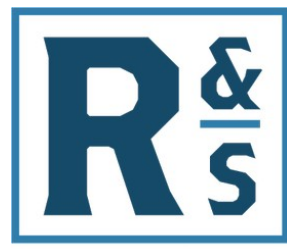


Roots and Seeds Catering






Roots and Seeds Café

(GF) Gluten Free (GF\*) Gluten Free option available  
(VE) Vegan (VE\*) Vegan option available (V) Vegetarian



*Cafe Bistro*

***If you have any allergies or dietary requirement, please speak to a member of staff about our menu***

 roots.and.seeds  Roots and Seeds Catering  Roots and Seeds Café

(GF) Gluten Free (GF\*) Gluten Free option available  
(VE) Vegan (VE\*) Vegan option available (V) Vegetarian

